McMaster Surgery Graduates Go Global

Dr. Jessica Westerholm (GenSurg '11)

Cecily Bos (MD2014) recently spent 3 weeks with Jessica who is a medical missionary in Nepal. Cecily writes that Dr. Jessica "maintains her commitment to education and is very involved in training Nepali residents and medical students. I was amazed at the way in which she was able to support our learning needs in the context of a busy surgical service. During rounds, in clinics, in the O.R. and elsewhere Dr. Jessica makes a point of caring for patients, fellow staff and learners. Dr. Jessica's work in Nepal is very diverse—from delivering triplets by C-Section, to caring for the complex needs of burn patients … (we began) planning various quality improvement initiatives for this challenging patient population. Jessica’s passion for ongoing learning and innovation was truly inspiring.”

Samaritan’s Purse has made a video about Jessica: youtu.be/vBKFsHwYjVs

Please visit the ISD website for the full article.

Dr. Nick Bauman (GenSurg '02)

Nick took his family for one month to a small mission hospital (Centre Medical Evangelique) in Bunia in the northeast of the Democratic Republic of Congo... “Surgical support for the CME had been provided principally by Dr. Phillip Wood, a Canadian trained surgeon and missionary, who had experienced significant upheaval in this war-torn part of the country. Refreshing my rusty grade 8 French, and adapting to the low resource setting were an exhilarating and occasionally frustrating challenge. Teaching local physicians some fundamentals of general surgery was enthusiastically received, despite the frequent "lost-in-translation" moments. It was rewarding to see my children embrace the challenge of a foreign culture with such openness and enthusiasm.”

Please visit the ISD website for the full article.

Share your own story ...
**Pediatric surgeon from Uganda visits McMaster**

Dr. John Sekabira attended the Canadian Association of Pediatric Surgeons meeting as the first CAPS Global Scholar, then visited several children’s hospitals including McMaster. He is the only fully trained pediatric surgeon currently practicing at Mulago Hospital in Kampala. Mulago is a 1500+ bed hospital associated with one of Africa’s most famous medical schools at Makerere University. Dr. Sekabira was interested to see our Neonatal Unit and discuss challenging cases. McMaster surgical residents are planning international electives in Uganda.

**Royal College Canada and Libyan Ministry of Health Alliance**

The Royal College of Canada has signed a memorandum of understanding (MOU) with the Libyan Ministry of Health to support Libya as it rebuilds its healthcare system, which has been destroyed by years of civil conflict. This collaboration will establish the **Canada-Libya Education and Innovation Centre** that will be tasked with developing a program to support health care and to modernize the health education system in the country. The ultimate goal of the MOU is to develop a self-sustainable and independent health education system.

Dr. Samir Faidi is a member of the Libyan Medical Society (LCMS), a group collaborating with the Royal College of Canada to revive the Libyan health system.

**St. Joseph’s International Outreach Program**

The International Outreach Program (IOP) became a division of St. Joseph’s Health System and a fully registered Canadian charity in 2010. It is now solely funded through charitable donations.

The charity offers academic and clinical exchange programs for young doctors interested in global healthcare training and education. The guiding principles are based on the notions of equality, dignity and universal access to healthcare for all people.

Operating on a donation basis, the volunteer-run charity is asking for a small financial investment to allow them to continue to train, educate and inspire. Donations to IOP can be made through Canada Helps by clicking on the following link: [www.canadahelps.org](http://www.canadahelps.org).

IOP Website: [http://www.internationaloutreach.ca/](http://www.internationaloutreach.ca/)

**Guyana Help the Kids**

In 3 years, the mortality rate in Guyana’s neonatal nursery has decreased by 50% - saving 800 lives. Much of the positive change is due to the partnership established by Guyanese-Canadian Dr. Nar Singh from Humber and other local pediatricians including Dr. Andrea Hunter at McMaster. A postgraduate pediatrics training program in Guyana is supported by McMaster Children’s Hospital faculty and residents, including regular skype teaching sessions. Dr. Hunter was recently in Guyana to examine the final year trainees; the first two will graduate in November. GHTK just received a Grand Challenges grant.

GHTK Website: [http://www.guyanahelpthekids.com/](http://www.guyanahelpthekids.com/)

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**Dr. Mojole Omole (GenSurg ’12)**

Jola recently completed a year as **Paul Farmer Global Surgery Fellow in Harvard and Rwanda**. She was “a faculty member of the Human Resource for Health-Rwanda (HRH-Rwanda) in its inaugural year…. As a member of the clinical faculty at the University Teaching Hospital of Kigali and Butare, (I supervised) postgraduate trainees in the operating room, ward and … worked on the development of a clinical curriculum based on a combination of seminars, conferences and structured bedside teaching. … My contributions to the curriculum were based upon many of the superb clinical and didactic teachings I had as a general surgery resident at McMaster. It is scary when you notice that you are making comments only Dr. Stephen or Maraccio would have made! The experience of living in Rwanda was both professionally and personally gratifying…. whilst developing my career as a general surgeon with global health aspirations.”

Please visit the ISD website for the full article.

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**Ethics of Clinical Media - by Dr. Anna Shawyer**

Many surgical volunteers return home and share photos of their travels and the people they met. Both surgeons and trainees dedicate time to international work; these trips are part work, and part travel/tourism (Barton 2008). Photos document clinical outcomes as well as human connections and experiences. With the availability of social media, many pictures are posted on-line (Devon 2013). Often these are simply to demonstrate highlights from a recent trip; however, there are implications for patient privacy. Who is in the background? Was consent obtained - and also for the photo to be posted online? Journals may ask for written consent from patients whose photos are to be published – **should we ask the same for social media?**

Comments or photos are often posted without much thought. A study of on-line posting to social media by medical students revealed many violations of professionalism, including threats to patient privacy (Chretien 2009). Social media are not responsible for reviewing content. However, there are professionalism guidelines from both the American Medical Association and the American College of Surgeons that remind physicians to maintain patient confidentiality (AMA guidelines, ACS guidelines). A recent study suggested additional guidelines, including an enhanced awareness of social-media privacy settings and unintended audiences (Landman 2012).

Missions are often costly and difficult to sustain (maki 2008, Curci 2012); it is important to foster positive relationships to continue these works. **This includes protecting our international patients’ privacy both at home and abroad.**

**References** Please Visit the ISD website for a complete list of references.

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